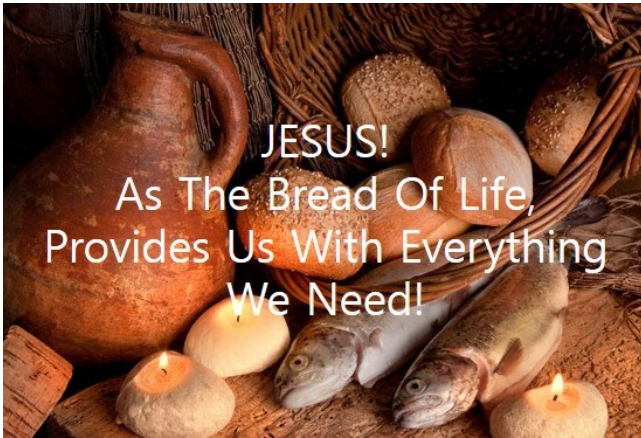


St Benedict's Parish Arcadia



SEVENTEENTH SUNDAY

IN ORDINARY TIME

YEAR B

27 & 28 JULY 2024

PARISH MASS TIMES

Weekends:

Saturday 7:00pm Vigil
Sunday 9:00am
Sunday 10:30am

Weekdays:

Mondays to Thursdays 9:30am

Fridays 6:30pm Adoration
7:00pm Mass & Confession
(Reconciliation)

Saturdays 9:00am to 10:00am
Adoration & Confession (Reconciliation)

MONASTERY CHAPEL Masses

Sundays 7:00am
Daily 7:00am

Please contact Father Shansana for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

Parish Priest:
Fr Shansana 0437 884 233



INTRODUCTORY RITES

God is in his holy place,
God who unites those who dwell in his house;
he himself gives might and strength to his people.

SUNDAY HOLY MASS PRAYER

O God, protector of those who hope in you,
without whom nothing has firm foundation, nothing is holy,
bestow in abundance your mercy upon us
and grant that, with you as our ruler and guide,
we may use the good things that pass
in such a way as to hold fast even now
to those that ever endure.

Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever. Amen.

SELF REFLECTION: OFFERING

This Sunday's Gospel, John 6:1-15, Jesus feeds the 5000 people.

The boy with the small lunch seems to have had little to offer, but what he brought fed the crowds. We often feel that we have little to offer in the service of Jesus. What is offered in love - though it looks small - can have large effects. Our prayer time is our daily offering of love and care for others in the immediate circle of our lives and a connection to the larger world of neighbourhood, country and universe.

- *How am I giving love to others?*
- *Do I pray daily offering love and care for others?*

Lord, Help us reach into the depths of our humanity, into those spaces of life where we dance and sing, laugh and cry, mourn and despair, hope and love, and everything that dwells within us. Pour the living water into that space and speak to me through others. Amen.

First Reading: 2 Kings 4:42-44 (JB)

A reading from the second book of the Kings

They will eat and have some left over.

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. 'Give it to the people to eat,' Elisha said. But his servant replied, 'How can I serve this to a hundred men?' 'Give it to the people to eat' he insisted for the Lord says this, "They will eat and have some over." He served them; they ate and had some over, as the Lord had said.

The word of the Lord.

Thanks be to God.

Responsorial Psalm:

**R. The hand of the Lord feeds us;
he answers all our needs.**

**Second Reading: Ephesians 4:1-6 (JB)**

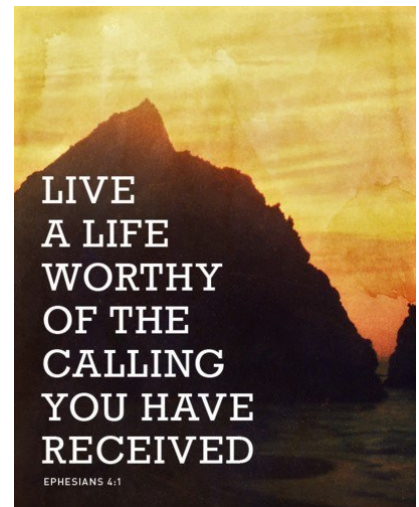
A reading from the letter of St Paul to the Ephesians

There is one body, one Lord, one faith, one baptism.

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

The word of the Lord.

Thanks be to God.

**Gospel Acclamation**

Alleluia, alleluia!

A great prophet has appeared among us;
God has visited his people.

Alleluia!

GOSPEL: John 6:1-15 (JB)

A reading from the holy Gospel according to John

He distributed to those who were seated as much as they wanted.

Jesus went off to the other side of the Sea of Galilee - or of Tiberias - and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world.' Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.



The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

GOSPEL REFLECTION

Sunday, July 28

2 Kings 4:42-44

Psalm 145:10-11, 15-16, 17-18

Ephesians 4:1-6

John 6:1-15

When the people saw the sign . . . (John 6:14)

When John uses the word “sign,” it’s important. It’s like a neon light flashing, “Pay attention!” John uses this word to refer to Jesus’ mighty deeds, and he wants these signs to lead us to deeper faith in Jesus (John 2:11).

Today’s sign is a case in point. Jesus feeds the five thousand, and every detail reveals more about who he is. First, he crosses the sea and takes his disciples up a mountain like a new Moses (John 6:1-3). Then, John tells us that the time of the Passover was near—a feast commemorating God’s covenant with Israel *through* Moses. (6:4). Next, just as Moses asked, “Where can I get meat to give to all this people?” (Numbers 11:13), Jesus asks Philip, “Where can we buy enough food for them to eat?” (John 6:5).

Jesus also echoes the actions of the prophet Elisha, whose story we hear in today’s first reading. Elisha fed one hundred people with some barley loaves (2 Kings 4:42-44). Jesus outdoes Elisha and feeds five thousand people, with twelve baskets of fragments leftover (John 6:11-13).

Everything about this sign speaks of the abundance of God’s provision for his people. It shows the kind of Messiah Jesus is. Not only does he fulfill all that Moses and the prophets foreshadowed, but he surpasses them. No wonder the people proclaimed him “the one who is to come into the world” (John 6:14)!

Jesus wants to help you come to believe in him, know him personally, and experience his abundance. Just as he gave signs to his disciples, he gives you signs to help you grow in faith. They’re all around you, and Jesus loves to help you recognize them. So ask the Spirit to open your eyes to see the Lord’s power, faithfulness, and love in your life—and rejoice! They may not be neon signs, but they will help you grow to believe in Jesus more and more each day.

“Thank you, Lord, for the signs of your presence all around me!”

Source: Word Among Us India

LITURGICAL FEASTS AND EVENTS OF THE WEEK

JULY

Monday 29

Readings: 1 Jn 4:7-16. Jn 11:19-27.

R: I will bless the Lord at all times.

Sts Martha, Mary and Lazarus

Tuesday 30

Readings: Jer 14:17-22. Mt 13:36-43.

R: For the glory of your name, O Lord, deliver us.

St Peter Chrysologus, bishop, doctor

Wednesday 31

Readings: Jer 15:10, 16-21. Mt 13:44-46.

R: God is my refuge on the day of distress.

St Ignatius of Loyola, priest

AUGUST

Thursday 1

Readings: Jer 18:1-6. Mt 13:47-53.

R: Blest are they whose help is the God of Jacob.

St Alphonsus Liguori, bishop, doctor

Friday 2

Readings: Jer 26:1-9. Mt 13:54-58.

R: Lord, in your great love, answer me.

St Eusebius of Vercelli, bishop

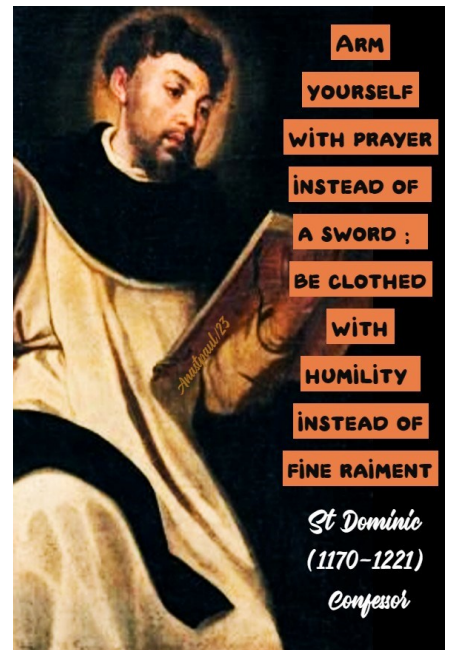
St Peter Julian Eymard, priest

Saturday 3

Readings: Jer 26:11-16, 24. Mt 14:1-12.

R: Lord, in your great love, answer me.

St Dominic, priest



Source: Ordo 2024



POPE FRANCIS' PRAYER INTENTION FOR AUGUST 2024

For Political Leaders

Let us pray that political leaders be at the service of their own people, working for integral human development and the common good, taking care of those who have lost their jobs and giving priority to the poor.

NEXT CHILDREN'S MASS

NEXT SUNDAY 4TH AUGUST at the 10.30am Mass followed by a beautiful morning tea, sweets, coffee, tea, and cordial for the children!



SEA SUNDAY JULY 28, 2024

This week we celebrate Sea Sunday, when the church prays for all those who live and work at sea.

Without them, we would not have most of the items we rely on for daily living. Even during a pandemic, seafarers continue to bring into our ports products that sustain our population and economy. The Appeal today is for Stella Maris, Apostleship of the Sea, the official maritime welfare agency of the Catholic Church. It supports seafarers both practically and spiritually.

To assist this Catholic ministry, please send your donations to:

<https://stellamarisaustralia.org/sea-sunday-appeal/>



THANK YOU!



A big thank you to Valerie Eaton for her generosity donating a new Dyson vacuum stick for our parish. We really appreciate your thoughtfulness as it is greatly needed.

God bless your family.

CRAFT GROUP

The quilting and craft group will meet every 4th Tuesday of the month at 10.30am in the parish meeting room. Bring your craft and come and join us! Everyone welcome!

CATHOLIC HISTORICAL SOCIETY

The next event for the Australian Catholic Historical Society will be held in the crypt of Saint Patrick's, Church Hill at 2:00 PM on Sunday 21 July. The talk is entitled "Crossing the Tiber: Australian Anglican converts to Rome from the 1840s to the 2000s" by Dr David Hilliard, Formerly Associate Professor in History, Flinders University Adelaide. Members, their guests, and visitors are most welcome and there is no charge.

Details of the programme of the ACHS as well as resources on church history are on the website: <https://australiancatholichistoricalsociety.com.au/>
Enquiries may be directed to: secretaryachs@gmail.com

THE FOURTH WORLD DAY FOR GRANDPARENTS & THE ELDERLY 28 JULY 2024

TREASURES OF TIME – CHERISHING OUR ELDERLY

*"Age is an issue of mind over matter. If you don't mind, it doesn't matter."
Mark Twain*

Grandparents, and all the elderly for that matter, are treasures of our lives. They hold stories of the past, teaching us through their many experiences.

Their hands, though worn with age, have cared for us and helped us grow. Their wisdom, born from a life full of ups and downs, guides us in making better choices.

Spending time with them gives us a sense of comfort and reminds us to appreciate the small things in life. Our grandparents in particular, connect us to our roots, sharing traditions, offering wisdom and values that shape who we are. The love they give is endless and their patience shows us the beauty of taking life slowly. Their memories and lessons are gifts, making every moment with them precious and meaningful.

So, don't forget our elderly, make the time to visit them, as it is guaranteed to bring joy and warmth to their hearts.

Heavenly Father, bless our grandparents and all the elderly with health and happiness. May their wisdom guide us and their love surround us. Grant them peace and joy, and may we honour and cherish them always.

Amen.

In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Sam Musumeci, Brother Mario, Father Alberic & Brother Terry.

We remember in our prayers all our dearly beloved who have died, especially Maurine Tiutiunnik. May they rest in Peace.



VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:

Thank you!

CATHY HOLLING

Thank you Cathy for helping out with picking up clothing for the Seafarers, and your help in the parish office. Also thank you for everything you do. We are really grateful! God bless you in all you do for our parish!

Who would you like to nominate for next week's volunteer?

ST BENEDICT'S YOUTH GROUP

Commencing back this Friday 2nd of August.

Come join our St Benedict's Youth group for **8-12yr olds** held **every Friday during school term only**. 4pm to 5.30pm.

To register your child either just turn up on the afternoon or email the parish:

arcadia.parish@bigpond.com



Volunteers aged 14-16yrs who would like to assist us please email the parish office. Our youth leaders all have Working With Children Checks.

Thank you, Gabe & Jules!

CATECHISTS' NEWS

Term 3 resumed this week. I hope you all had an enjoyable break.

Free training in Term 3, commencing this week –

- Available to Catechists with full Authorisation – Level 1 Training “Prayer in the Classroom” this Wednesday 24th July via Zoom in the evening 6.15pm-8.30pm.
- For all Catechists, family or friends - Level 3 Course “A Reflective Study of the Psalms” being held over 12 weeks, starting this Friday 26th July at 10am via Zoom

RSVP registrations@bbcatholic.org.au

Helpers and part time Catechists are welcome to assist when Catechists are away. If you are interested to learn more about the ministry of being a Catechist, please talk to one of our priests or contact me.

God bless,

Miriam Brown srearcadia@gmail.com

Parish Catechist Co-Ordinator

GOT YOUR WEDDING PLANS UNDER CONTROL?

How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. We give you a chance to spend time together to strengthen and enrich your relationship. For further information visit our web site:

www.engagedencounter.org.au

Choose any of the coming Weekends:

Aug 17-18, Nov 09-10, Feb 22-23

ST BENEDICT'S MAKER'S TABLE

Please join us for our upcoming Maker's Table workshop at St Benedict's!

Bullion Rose Embroidered Handtowel Workshop

Wednesday, August 7th 2024

7.30-9.30pm

Cost: \$10

RSVP by 4/8/24



themakerstablesydney@gmail.com

Martine 0458 533 250

Nerida 0425 834 017

www.themakerstable.org

at St Benedict's Parish hall



THE UNIVERSITY OF NOTRE DAME AUSTRALIA
OPEN DAY
SATURDAY 31 AUGUST
10AM - 3PM

Join us to discover what Notre Dame has to offer! Explore our Sydney Campus, meet our students, academic staff and graduates.

Register Now
notredame.edu.au/openday



CCC PRAYER GROUP

Prayer meeting held every

Wednesday morning: after 9.30am Mass.

Everyone welcome.

Come and meet new people and have a cuppa!

For more details call Mary Camilleri on 0403 116 987.

ITALIAN ROSARY GROUP

Every Monday 2.00pm.

Everyone welcome.

For more details call

Angela Egiziano on 9652 1358.





SAINT OF THE WEEK

SAINT Peter Chrysologus, Bishop and Doctor

***Feast Day: July 30
c. 380 or 406-450***

Patron Saint of Imola, Italy

Invoked against fevers and vicious dogs

Peter Chrysologus was born in Imola, modern-day Italy, around 380 or 406, just before Rome would fall to the Visigoths and when heresies caused divisions within the Church. In Imola, Peter developed a close relationship with the local bishop, Cornelius, who is believed to have baptized, educated, and ordained him as an archdeacon for the Diocese of Imola. Around 433, when the bishop of Ravenna died, Bishop Cornelius and Archdeacon Peter traveled to Rome to secure Pope Sixtus III's consent for their candidate to be Ravenna's new bishop. But due to a dream the pope had the night before their meeting, he selected Archdeacon Peter as the next Bishop of Ravenna.

Ravenna was then the capital of the Roman Empire, and Bishop Peter earned the esteem of Emperor Valentinian III and his mother, Galla Placidia. Bishop Peter's flock admired his holy and penitential way of life, and his powerful preaching style led Galla to give him the title, "Chrysologus," meaning "golden-mouthed." Roughly 176 of Bishop Peter Chrysologus' sermons survive. They were short, scripturally grounded, and often centered on the Person of Christ and the consequences of His Incarnation. Rather than being purely theological discourses, they sought to win hearts and minds for Christ. In addition, Galla collaborated with Bishop Peter Chrysologus in constructing many churches in Ravenna.

During that period, a new heresy arose, later known as Monophysitism, that taught that after the Incarnation, the human nature of Christ was absorbed into His divine nature, resulting in a single divine nature. Bishop Peter wrote a firm but compassionate letter to Eutyches, the leading proponent of the heresy, exhorting him to submit to the pope's authority on the matter. While the letter has been lost, some of the content was preserved in the Acts of the Council of Chalcedon.

Bishop Peter Chrysologus understood the importance of theological precision. He recognized Jesus as the Son of God, fully divine, sharing the same substance with the Father and the Holy Spirit. Additionally, he grasped the truth that the divine Son assumed human nature, uniting His divinity with humanity in His Person to redeem humanity. Thus, Jesus was both fully God and fully man, with His divinity and humanity united, providing the pathway to eternal salvation for humanity.

Although Bishop Peter passed away before the Church officially ruled on the Monophysite heresy at the Council of Chalcedon in 451, his letters, homilies, and personal influence paved the way for subsequent bishops to follow the correct path. Over his approximately twenty-seven years as Bishop of Ravenna, he fervently promoted daily reception of the Eucharist, fasting, almsgiving, Lenten penance, and pious devotions, with his primary concern always being the salvation of souls.

In 1729, Pope Benedict XIII declared Saint Peter Chrysologus a Doctor of the Church, highlighting his writings' enduring value. His clear, concise, and profound teachings about Christ resonate in official Church documents and the Office of Readings, and are widely used for spiritual reading.

Saint Peter Chrysologus, you staunchly defended the nature of Christ as a powerful preacher and a pastor of souls. Please pray that I may more deeply understand Christ and give myself more fully to His service. Saint Peter Chrysologus, pray for me. Jesus, I trust in You.

GCEA SPRING DINNER

Saturday 14 September, 2024
6pm—10pm At the Galston Club

It's just 12 weeks to our GCEA Spring Dinner.

We are anticipating it to be a huge event this year so book early.

Here is the link to book your tickets:

<https://events.humanitix.com/gcea-spring-dinner-2024>

Our focus this year is on SRE teachers and the needs for schools in our local area.

The GCEA is our primary focus with Paul El-Chaar, our teacher at Galston High School, but we see the importance of SRE in all schools.

There will be a silent auction on the night. Come and support this ministry.

St Benedict's parish will be hosting a table to show our support for Paul El-Chaar. Please contact Paula to reserve your spot and join us for what promises to be another enjoyable event, just like last year!

UNLOCKING THE MYSTERY OF THE BIBLE - THE BIBLE TIMELINE CHART

Presenter: Charbel Raish
Duration: 8 weeks
Start date: Thursday, 10th October 2024
Time: 7pm to 9pm
Location: Middle Dural
Price: Free

Please message Tania on 0401597278 if you would like to attend or know anyone who will be interested.

GCEA

Just a reminder of the GCEA committee meeting this coming Monday evening 29th at the Glenorie Community Church 7.30pm.

Please come and support the ministry of the GCEA and the SRE teachers in our community.

Don't forget to register for the upcoming Spring Dinner on the 14th September.

<https://www.gcea.org.au/springdinner> to register

On behalf of the GCEA Executive
Jenn Thorp
GCEA Secretary
0405 270 688



A JOURNEY OF FAITH: RCIA SEMINARS

Bishop Bede Heather Centre 1-5 Marion St, Blacktown. 7pm

Wednesday 31st July:
Fundamentals of RCIA

Tuesday 6th August:
Period of Inquiry:
Evangelisation and Precatechumenate

Wednesday 14th August:
The Catechumenate

Wednesday 21st August:
Purification and Enlightenment

Wednesday 28th August:
The Easter Sacraments and Mystagogy

RSVP to lucy.woodbury@parracatholic.org or 0460 037 795 stating which sessions you would like to attend. Feel free to attend all sessions or just sessions that interest you.



MARY MACKILLOP PLACE

ST MARY MACKILLOP FEAST DAY CELEBRATION 2024 8th August

We invite you to a day of celebration,
prayer, pilgrimage and thanksgiving
for

SAINT MARY OF THE CROSS MACKILLOP
FEAST DAY - 8TH AUGUST 2024

at
Mary MacKillop Place,
80 William St, North Sydney

Mass times

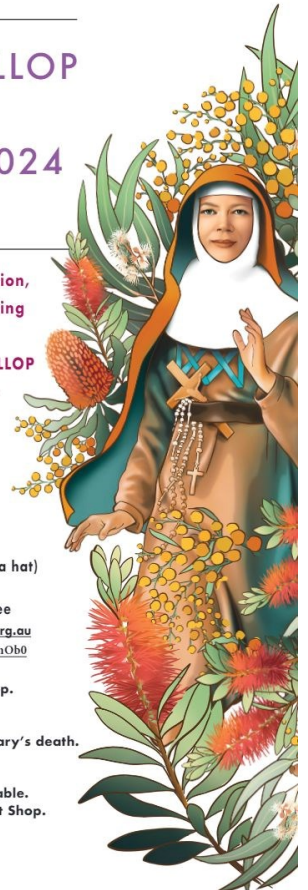
8.00am in the Chapel
10am and 1pm on Glen Roy Green (bring a hat)
6.00pm in the Chapel

10.00am Mass will be livestreamed free
via our website: www.marymackillopplace.org.au
Link: <https://www.youtube.com/embed/lppmamzmOb0>

Pray at the Tomb of St Mary MacKillop.
Write your prayers of Petition.
Reflect in the Chapel.
Spend time in Alma Cottage – the place of St Mary's death.

Enjoy free entry into our Museum.
Light meals and refreshments are available.
Purchase memorabilia in our Café and Gift Shop.

Accommodation available onsite.
www.marymackillopplace.org.au
Phone: +61 2 8912 4800



CatholicCare
Diocese of Broken Bay

COMBATING HOMELESSNESS TOGETHER

Please donate
to CatholicCare's
homelessness services
across the Diocese

Thank you

Donor envelopes available during Mass
Saturday and Sunday 10 & 11 August

Parish Roster

PLEASE JOIN US FOR MORNING TEA
AFTER THE 9AM MASS

NEXT WEEKEND'S ROSTER

3/8/2024 to 4/8/2024
18TH SUNDAY IN ORDINARY TIME - YEAR B

	SATURDAY 7.00pm	SUNDAY 9.00am	SUNDAY 10.30am
Acolyte		Lorraine D	Paul E
Reader1	Maria G	Kath M	CHILDREN'S
Reader2	Natasha S	Nigel M	CHILDREN'S
Prayers	Miriam B	Gebran A	
TV		Xavier F	Mirko J
Music		Melanie H	Karina S
Music		Adam F	John T
Music		Jack F	Noelle T
Music			
Morning Tea		Mary A	
 FLOWERS	Mona M		

SUPPORT ST BENEDICT'S PARISH

ARE YOU CONSIDERING SELLING YOUR PROPERTY

We are delighted to introduce Gavan Kohen, Sales Director at **Ray White Dural**, a proud member of the Parish of St Benedict's.

Gavan is generously offering to support our parish by donating a portion of his commission from any sale referred by our parishioners. Thank you Gavan, we appreciate your kind gesture.

For any real estate enquiries, please contact:

Gavan Kohen on 0414 911 070.



Our Lady of Fatima FEAST DAY

St Benedict's Parish, 12:30pm Sunday 13 October 2024

Invitation to children to take part
in the Fatima Play, which will be part of the
Our Lady of Fatima Feast Day.

Please phone 0438 521 421 for further details.



Thank you to all our volunteers, we
really appreciate it!

If anyone would like to join our parish
roster please contact the parish
office.

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:

Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

PARISH OFFICE HOURS:

Mondays & Fridays: 9.30am to 2.30pm

Parish Office: 02 9653 2312
Email: arcadia.parish@bbcatholic.org.au

Parish Priest: Fr Shansana Samarasinghe OSB
Email: sanshanasamarasinghe@yahoo.com
After hours: 0437 884 233

Address: 2 Fagans Road, Arcadia NSW 2159
Postal address: 121 Arcadia Rd, Arcadia NSW 2159

Website: www.bbcatholic.org.au/arcadia

Facebook: [stbenedictsarcadia](https://www.facebook.com/stbenedictsarcadia)

MONASTERY: 9653 1159



BANK DETAILS for ONLINE only donations:
BSB: 062 784 Account: 100002141
Account Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund

For all parish Occupational Health & Safety
and Safeguarding Children matters Contact:
Lorraine Dailey on 0416 081 882.